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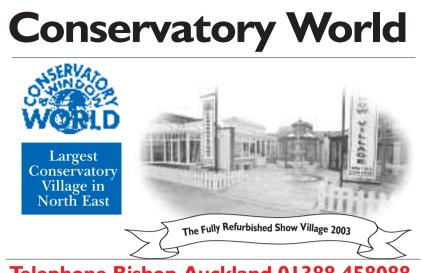
The lifestyle magazine for the North-East APRIL 2004

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ne magazine is produced by The Northern Echo/ Newsquest Ltd., a Gannett Company, Priestgate, Darlington

381313 ADVERTISING Trish Taylor (01325) 505 233

DL1 1NF

(01325)

(01323) 303 233 trish.taylor @nne.co.uk EDITORIAL Jenny Needham

(01325) 505082 jenny.needham @nne.co.uk

Front page picture: Carl Banks florists, Darlington

### SHARON GRIFFITHS The elegant guide to gardening GARDENING Growing trends this season GARDENING

SPRING GARDENING SPECIAL

- The plants I couldn't live without **GARDENING**
- Tips from a garden designer SIX OF THE BEST
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RICHARDSON



CHAMELEON MIRRORS

Poundland 🕻

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### sharon griffiths

 I don't think Lady
Gardeners
ever got down
on their
knees

HAT I need, I realise, is a trug. Inspired by my visit to the posh new garden centre at Castle Howard, I am trying to bring some elegance into my gardening. A tricky task. But my role models are those Lady Gardeners. You know the ones, mainly Victorian or Edwardian, they are seen in fading sepia photographs, allegedly hard at work among the plants and shaded walks of the gardens they have designed themselves.

They wear long flowing dresses, manylayered petticoats, and a huge hat. The hat is usually held in place by a large and flimsy scarf. Over one arm they carry a trug; in the other hand, they have secateurs with which they are snipping knowledgeably at some roses.

And so there they are, frozen in time, the epitome of lady-like elegance and practical gardening.

How unlike my efforts to tame the small jungle outside our back door.

For a start there's the problem of the knees. This means that you either wear jeans – in which case the knees get very muddy and cold and exceedingly clammy when you stand up – or you wear shorts, or a very short skirt, in which case your knees themselves get filthy, which is OK, but then you might also find yourself kneeling on a squished slug. Now I am not a picky person, but really, I can do without squished slugs on my bare flesh, even my tough old knees.

The one thing you mustn't do is wear any sort of skirt longer than a mini for gardening because then you kneel down, kneel on the skirt and when you try to move you find you've trapped yourself and you fall forward flat on your face – quite possibly on that slug.

So I think that probably rules out the flowing dress and the petticoats. I don't think Lady Gardeners ever got down on their knees.

Felicity Kendall in The Good Life wore dungarees, of course, and still looked good. Felicity Kendall, I fear, would look good even in an old bin bag, so she doesn't count. Even her neighbour, Margot Leadbetter, couldn't quite manage her usual sophisticated standards when faced with a muddy garden path.

I don't think I could even manage the hat

properly. Last summer, I did try wearing a hat while gardening. In that almost tropical sun and with my fair skin and freckles, it seemed only sensible. Not that it was a capacious, shady straw hat as worn by Lady Gardeners. No, mine was more of an upside down denim flower pot, and even that kept catching on the roses or the gooseberries. Or it got snatched off by the honeysuckle or the viburnum. Or it simply fell down over my nose while I was trying to do some weeding.

Weeding... now there's a job. Something tells me that those elegant ladies didn't do much of that. Not for them the dirt under the nails, the blisters on the palms that I seem to get, even when wearing gloves. Maybe if you have a terribly posh garden, weeds don't grow there. Think of those enormous borders at Newby Hall. What weed would dare?

My garden fights back. After a day's gardening, I look as if I've gone five rounds with Mike Tyson. There are great gouges on my cheek where the roses have whipped back at me, numerous other scratches and bruises, usually topped off with a blotchy blistery rash from something like the euphorbia. Elegant? Sadly, no.

Then there was the time I put a fork through my foot... And broke my hand when moving a massive stone urn.

That's it, of course. That's why the Lady Gardeners can remain so ladylike – it's because they don't actually do anything. They paint watercolours, write in their notebooks and pose in the rose garden. Oh yes, some of them might have designed the gardens, but they're certainly not the ones out there doing the double digging, the pruning, the seeding, the weeding, pushing loaded barrows, spreading manure or lugging damn great urns around. They had staff for that.

At one stately home in Norfolk, I read once, there was a head gardener, about a dozen under gardeners and "a small army of garden boys".

Forget the trug and the hat. What I need is a "a small army of garden boys". Then I could pose and look elegant while they did all the work. I might even do a little garden designing.

And never ever again have to deal with a squished slug. Very ladylike.

### IN AN ENGLISH COUNTRY GARDEN...

TWO great new gardening books have just hit the shelves to inspire us all to greater things this spring. **Real Gardening by** 



Stephen Lacey (Penguin, £12.99) is far more inspiring than a step-bystep manual and has now been released in paperback. Dubbed "a gardener's gardener and a writer's writer", Lacey admits that creating a satisfying and atmospheric garden is no easy task, but offers a way of charting a course through all the conflicting advice around. Interest has now shifted towards simpler plants and looser, more naturalistic ways of growing them and Lacey shows how to tap into this style and how to combine it with a strong design and theatrical flourishes.

### FAUX FLOWERS

window shopping

IF you're not so clever at growing your own flowers, why not try these amazing faux flowers from the Really Linda Barker catalogue? Each petal is handpainted to recreate that justpicked look. The peonies with glass bowl cost £55.06. Call 0845 450 4025 for a catalogue.



**Meadows by Christopher Lloyd** (Cassell Illustrated, £25) takes a walk on the even wilder side. Lloyd, a plantsman of international repute, explains that you don't necessarily need acres of space to make a home for the wildflowers that are disappearing from our countryside. His book is packed with all the information on the subject keen gardeners will crave.







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# NE gardening Growing trends

Gardeners are investing more money in fewer items, says SUZANNA BAIN. But what are the other gardening trends coming your way?

HERE was a time when gardens tended to be unkempt forgotten expanses of scruffy old grass at the back of the house but these days "the room outside" is undergoing something of a renaissance. And whatever ideas the designers come up with, you can be sure that pretty soon high street retailers will follow suit, making the latest trends, colours, products, materials and plants readily available at

affordable prices.

According to John Wyer of Bowles and Wyer garden design, the lush planting, gushing water features and warm terracotta colours of the Mediterranean which were popular five years ago, have been phased out in favour of bleached-out colours and natural materials, such as timber and stone. It also looks as if colour could be splashing back into fashion with plum, aubergine, and even chocolate and orange, being used to accentuate focal points.

Budding gardeners are buying a few accessories, pots and distinctive plants that make a huge impact, rather than spreading the cash around on lots of smaller things. This is largely due to a more minimalist approach, which has come about thanks to a fascination with all things oriental.

"The past couple of years has seen the Japanese influence become really big," notes John, "but things are moving away from being very mannered and stylised towards more of an East meets West approach."

Accessories, sculptures, lighting and water features have all become much more contemporary with many gardens having a real sense of drama and creating a feast for the eyes... and ears.

Water flowing over sleek, modern, sculpted centrepieces and lit in true "look at me" style is a trend that's really catching on. Bold sculptural plants are used to add to the effect.

"Many people are choosing to make the very most of their gardens and love entertaining friends outdoors all year round and well into the evening," says John. "Lighting, therefore, is not only a necessity in this respect, it's also







something really atmospheric to look at and creates exciting effects as it lights up the plants and makes shadows."

On top of this, lighting provides added household security and suppliers are increasingly blending classy design with functionality.

There is more of an emphasis on larger, individual plants rather than lots of small ones and leaf texture and shape are important too. Bamboo and tropical plants with attention-grabbing foliage are popular because they provide interest and texture. And keep your eyes peeled for things like the Chinese larch Pseudolarix, which has an unusual colour and shape.

Taking on a complete overhaul of your garden single-handedly can be very stressful and takes lots of time and energy, so it's best to consult the professionals. But making a few simple additions or changes to your garden can give it a real lift and be really good value for money.

Either way, visit as many gardens, centres, shows and websites as you can to get inspiration and ideas for the look you want and make sure you shop around for the best bargains.

#### Useful Websites:

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sure which new plants to give a place to in your garden this year, The Northern Echo's Gardening Correspondent **BRIGID PRESS** picks out the six she would hate to be without if she was stranded on a desert island



# Desert Island diggings

Forest Pansy (Cercis Canadensis) THIS is a small deciduous tree grown for its

heart-shaped, deep purple foliage, which turns golden in autumn. The profuse, pealike flowers are magenta in bud, opening to pale pink in mid-spring before the leaves emerge. It is fully hardy and requires sunshine and deep fertile soil.

**Pineapple broom (cytisus battandieri)** A SEMI-evergreen open shrub with light grey-green, slightly hairy foliage and large upright, bright yellow flowers that give off a pineapple-like fragrance, especially on warm, sunny days. It needs a sheltered site, well drained soil, and is prone to slug attacks. Once established, though, it will form a fine specimen plant.

Rosemary (Rosemarinus officinalis)

AN evergreen shrub grown for its light purple flowers, which appear in late spring and again in autumn, and for its needle-like aromatic foliage, which can be used for culinary purposes (the natural oils within the plant aid digestion by helping to break down fatty food). It can be used successfully as a hedging plant. Rosemary requires a sunny location in well drained soil.

#### Nectaroscordum siculum

A LATE spring to early summer-flowering bulb, related to the alium, which pushes up one metre tall, firm spikes topped with pendant, bell-shaped white flowers flushed with purple, red and green. As the seeds form, the stalks stand stiffly away from the main stem, forming a spiky sphere. The bulbs are frost hardy, and the plant needs partial shade but is not too fussy about soil conditions.

Bugbane (Cimicifuga simplex)

TALL, upright perennial with masses of large, glossy, pointed palm-like leaves in shades of dark green and purple. The flower spike arches out from the foliage and terminates in a bottle brush of small, creamy white flowers. The autumn flowers have a delicate and unusual perfume. The plant is fully hardy, needs light shade and moist soil. Sweet Box (Sarcocca hookeriana) A SMALL evergreen shrub with leaves similar to box (Buxus sempiveris), but of a much darker green colour. The flowers that appear just after Christmas are almost inconspicuous in appearance (tiny white ones) but announce their presence with a strong, addictive, honey-scented perfume. These are followed by tiny black, spherical fruits. It grows best in part-shade, part-sun, in fertile, not too dry soil.

### LUXURY ITEM

WHENEVER I am out in the gardens, I always carry my pruning knife in my lefthand back pocket. Every pair of gardening trousers I own has a rub mark (or small hole) on this pocket from sitting down with the knife in my pocket. It is a simple, flat, stainless steel, folding knife with a curved tip for taking those precise cuttings. It was a gift from my mother some years ago and has been lovingly sharpened, cleaned and oiled on a regular basis ever since.

I must use it several times every day, for such diverse things as cutting string, taking off dead leaves, shaping pencil dibbers, cropping and preparing fruit, herbs and vegetables and removing and lifting seedlings for transplanting – the uses are endless (it also takes tops off drinks bottles!). It is one of those objects that comforts you to know it is there because you will be able use it to solve nearly any horticultural challenge that might crop up.

#### BOOK

THE most absorbing gardening book I have ever read is one that Monty Don wrote about five years ago (before he took over Alan Titchmarsh's Gardeners World mantle). It's called The Sensual Gardener and includes advice on such simple things as choosing tools that feel as though they are part of the hand; poetry; designing gardens; utilising sound, texture and fragrance, as well as visual stimuli. It is not an instructional book, like Hessayon's best selling titles, but is a must for the romantic gardener and anyone who likes to get their hands really stuck into the soil and doesn't mind a bit of muck under their fingernails.



IN ASSOCIATION WITH

## NE gardening Poundland



Uninspired: Lesley's back garden in Eaglescliffe, which Maria, right, was called in redesign; far right: the plans

My job is to find out what kind of look they're aiming for – modern, classic or funky







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# How to solve a problem with Maria

Garden designer Maria Mountain has helped dozens of people create their perfect garden but she still relishes the challenge. **CHRISTEN PEARS reports** 



NO two gardens are the same," says Maria Mountain. "In every single garden, there is always a different challenge. That's part of the fun – coming up with the right solution. I never get tired of it."

Maria runs a garden design and landscaping business in Loftus called Grassroots. She started the business five years ago but has always been passionate about the outdoors. Even as a child, she says she was fascinated by plants and flowers.

She isn't the only one; gardening has soared in popularity over the last few years, thanks largely to the plethora of programmes on television. Alan Titchmarsh and Charlie Dimmock have become household names, inspiring thousands of Britons to get out and about with a wheelbarrow and trowel something which Maria says has both pros and cons.

"It's good that people are interested in gardening but it does sometimes give the wrong impression. They think you can whip up a design in 15 minutes but a good design takes hours of work to really make it look good. People are often surprised by how long it takes and how much it costs.'

Maria. who works across the North-East, was recently commissioned by Lesley Lobb to redesign the garden of her Eaglescliffe home. Lesley's garden is fairly small, as well as being long and narrow. Dominated by paving stones and with only a few borders and tubs to create colour, it resembled a yard more than a garden.

"When you looked out of the window, your eye went straight to the back gate. It was as if there was no garden there at all," says Maria. "We needed to give it more focal points within the garden and make it look wider, less long and simply more interesting.'

Maria has managed to do this by creating different levels. She has used raised borders, as well as lots of different shapes, a lawn, terrace area, willow hedging and paving. The garden is now full of texture and contrast but everything fits together to give it a sense of cohesion.

Often people come to a designer because they're simply overwhelmed by the possibilities available to them. TV programmes and books feed them hundreds of ideas, but when it comes to their own garden, they don't know where to start.

"My job is to find out what kind of look they're aiming for - modern, classic lines or funky – and then give them a design which, when they see it, will be exactly what they want," explains Maria.



With Lesley's garden, the starting point was a planting plan. Maria worked out which plants would go where according to soil conditions and shade, and developed the design from there.

"Lesley was looking for interest all year round - something different in spring, summer, autumn and winter. She likes colours as well, so it's quite a colourful scheme.

"If Lesley hadn't gone for design, and just had a landscaper come in, I don't think she would have got the result she wanted. Some people have straightforward gardens but with Lesley's, it was a really tricky space. Design was really important.'

Although everyone has their favourite plant or flower, gardening, like fashion, is governed by trends. Very popular at the moment is decking, as well as Tegula - a form of block paving. Bamboos and grasses are among Britain's favourite plants while conifers, once to be found in every garden, have slipped in popularity.

Maria says: "You do see trends come and go, especially if you go to the big shows like Chelsea, but I tend not to. I don't think people follow trends consciously; they just go for what's popular at any one time. At the end of the day, it's a personal choice what you like and what looks right in your garden."

> Grassroots can be contacted on (01287) 643553.

### PLANT OF THE MONTH

**HYACINTH** (Hyacinthus) THE hyacinth is a genus of bulbs that are grown for their dense spikes of fragrant, tubular flowers. Although specially-treated bulbs can be forced to flower from Christmas,



the natural flowering time is from early April onwards.

The hyacinth reached Europe via Turkey in the mid-16th century. The earliest varieties were red or pink. The race to produce double hyacinths caused their price to soar to several hundreds of

pounds and by 1775, there were 575 varieties listed in England alone. The most popular variety grown today is Hyacinthus orientalis, which is available in an increasingly wide range of colour. Hyacinths need an open sunny position (but will tolerate partial shade), and a welldrained soil. Plant the bulbs three to four inches deep and six inches apart in late autumn. Feed them well after the flower spikes have faded. They can be propagated from small bulbs produced at the base of the parent bulb, or from seed, but this may take up to six years for the flowers to develop.

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without the need to open the lid of the machine, a great safety feature.

#### **TIP AND POUR**

Tefal FF401015. £49.99 THIS machine packs in plenty of safety features such as coolwall, so the machine can be touched while it's on, a

safety lock and also a rise and fall basket. It also features a helpful draining spout for easily disposing of the cooking oil, avoiding spillage.



Morphy Richards 45430, £54.99 THIS model from Morphy Richards features a handy indicator light to tell you when the oil is at the perfect temperature

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for cooking. In addition to the large frying basket for feeding the family, it also comes complete with two smaller baskets for more intimate fry-ups.

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Breville AWT DF7, £54.99 THE stainless steel finish on this unit gives it an almost elegant look, not easy in the world of fryers. Adjustable thermostat control, easy to clean and complete with slip-proof feet for added safety.

#### LARGER LOADS Russell Hobbs 10357, £69.99

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**Peter Jenkinson** 

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### **NE interiors** IN ASSOCIATION WITH



Val Morgan has had a vision of the perfect family home since her teens. Years along the line, she's near to completion. JO STEVENS takes a look

Val Morgan in her kitchen, with its Provencal fabrics; far righr, the conservatory; below, the dining room

Pictures: DAVID WOOD

# Living the dream

LONG comes the second pot of coffee as we sit around the kitchen table at the large detached home of Val and Glenn Morgan. The room has a distinctly continental flavour, a hint of the French Provinces perhaps, with its huge range cooker and built-in barbecue for all year round al fresco-style eating.

Above our heads pots, pans and various items dangle amongst the hanging garlic and there are two French extending lamps. The farmhouse chairs, covered with a material based on Val's design, match the window pelmets and curtains, all adding to a rural flavour. This kitchen is also high tech with under-floor pipes carrying water directly to the refrigerator and ensuring a continuous supply of fresh iced water.

When Val and Glenn first saw the house a couple of years ago, it had been on the market for six months. "I think the dark brownish look throughout the house put people off," she says. But she could see its potential, mentally removing the whole sombre feel of the place as she carefully inspected the house. Glenn had no qualms. "The house had the proportions we wanted, with an open aspect at the back, and I knew Val could create the ideal home for us," he says. Nothing has been spared in Val's mission to produce an environment to suit the couple and their two daughters, 14-yearold Sarah and four-year-old Emily.

"We were childhood sweethearts, me and Glenn, and we started going out together properly when we were 15," she says. "We always knew we were right for each other so we got married at 20 and have never looked back. In fact, it just gets better and better. I'd lost both my parents by my teens so I'd always dreamed about the family and home Glenn and I would create together some day."

Nothing has been spared in Val's mission to produce what she considers to be the ideal environment for her family. The gloomy kitchen has been gutted and replaced by solid wooden units designed to Val's specification. No details are overlooked – even the onyx handles on the units were painstakingly tracked down. "I just don't want to put up with





what I think is second best," she says.

Glenn, director of sales of a telecommunications software system, works mainly from home and here again Val has combined the efficient look of an office with the comfortable touches that integrate it with the rest of the house.

The dining room, with its light wooden floors, wall panelling, white wood units, wine cupboards, and decanters, has become a bit of a haven for Glenn as the children seem to prefer other areas of the house.

Opposite the dining room, double doors lead into an extremely spacious and comfortable living room. Val has created an elegant but relaxed space with a combination of ideas and styles. Solid oak furniture, TV unit tucked away, big squashy armchairs and footstools, attractive old fireplace, cream carpet, half panelled walls, it all gives a traditional feel with the freshness of contemporary chic. Val enjoys the mixture. "But I'm not interested in passing trends," she says. "I want quality that won't date."

French doors lead into the new octagonal five metres by five metres conservatory which seems to have taken over as the family's favourite room. And no wonder with its pleasing ambience; comfortable sofas, coffee machine, magazines, plants, and the view outside of horses grazing in yonder fields. I could stay here all day.

Continued on page 10



We were childhood sweethearts... I'd lost both my parents by my teens so I'd always dreamed about the family and home Glenn and I would create together some day



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# Living the dream

#### Continued from page 9

Back to the light and airy hall with open staircase leading up from the centre to the gallery above where an antique chandelier, brought back from Belgium, hangs from the ceiling, and a selection of comfortable armchairs provide another attractive and restful area.

The room-sized family bathroom, complete with free-standing claw bath and mosaic floor, will house a planned sauna and Jacuzzi.

A king sized mahogany sleigh bed holds centre stage in the master bedroom. Three original pictures of costumed ladies, circa 1810, hang near the door into the large en-suite bathroom which boasts a picture bought by Glenn when they went to New York as a reward for meeting his work targets.

Sarah's bedroom houses antique pine furniture, another sleigh bed and soft furnishings created to Val's specifications. Emily, good as gold, followed us around the house until she got bored and fell asleep. She has a cream bed, davenport and mirrors, all from a regional antique shop.

Val and Glenn, clearly still besotted with each other and grateful for their two healthy children, are thoroughly enjoying their home and all the changes they've been making.

But there may well be many more changes in the pipeline before Val fully realises that dream.

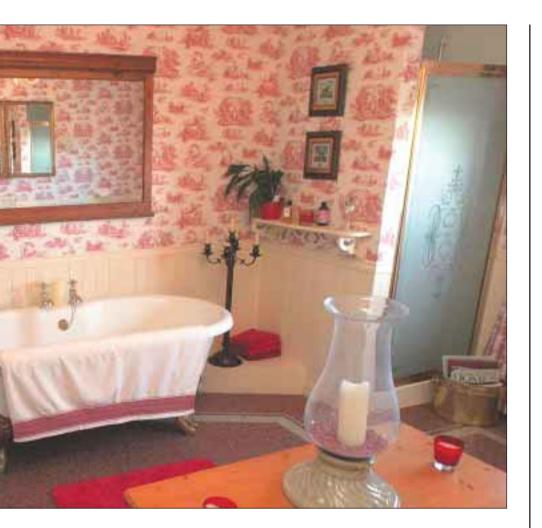
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### **NE** gardening





The new centre with, below right, Simon Howard and, bottom, John Foxton

# An English Country garden

Castle Howard's new 'aspirational' plant centre has all you need to make your garden just that little bit grander, says SHARON GRIFFITHS

S plant centres go, the location is hard to beat – along the avenue, past the memorial statue, through the tall gates and into Vanbrugh's 18th century walled garden. Over the wall you can see the dome and soaring roofline of Castle Howard itself and you are surrounded by 1,000 acres of gardens and parkland.

Beat that, B&Q.

This spring, Castle Howard – near Malton in North Yorkshire – has enlarged and revitalised its plant centre. "It's been here since the 1970s, rather experimental in those days. But it had got a bit tired," said the Hon. Simon Howard, whose back garden it all is. "It was time to rethink it, have a design overhaul."

Now pots and plants and statues are displayed around a posh new fountain, an echo of those in the grounds. A pergola leads the way to displays of shrubs, alpines, and roses. A new sales area has everything from ladybird larvae and hedgehog houses to terribly tasteful wastebins and watering cans, and as he leads the way back into the shop, Simon Howard has to dodge between the statues of Grecian-style ladies.

It's all terribly grand. And even if you're doing nothing more than buying a couple of pots of primula for your window box, you can always gaze at the ancestral parkland and dream.

Even the wooden seed trays (nothing so vulgar as plastic) have Castle Howard stamped firmly on them. And the shop sells trugs and baskets, handmade in Yorkshire, definitely designed for a more elegant style of gardening.

But in many ways Castle Howard has gone back to its roots, literally.

"We're a nursery as well as a plant centre," says plant centre manager John Foxton. "We grow all our own bedding plants and patio plants and we have plants available here at all times of the year."

They also have a long established nursery selling trees and shrubs, many of them grown from those in the grounds at Castle Howard. And they collect hedgerow seeds and propagate them.

"I wouldn't say we had rare plants, but we certainly have many that are a bit more unusual, such as old-fashioned species of flowers and vegetables, for instance, and some of the roses, which you don't find everywhere."

There are more than 2, 000 roses in the rose gardens, from rare old varieties to some of the newest.

John also runs a gardening club at the castle, meetings once a month with lots of advice and demonstrations. Next month it's hanging baskets and planters, September's climbers, October's heritage hedgerows and November is all about wildlife gardening.

"What we're trying to do is provide a service," says John. "We don't just want to sell plants but we know about them and care about them, so we're all able to offer advice and suggestions. We really want your plants to grow when you get them home. And because we've got the nursery, we might have something there, even if we haven't got what you want in the plant centre. Our regulars know that already."

This month's gardening club is all about rhododendrons and azaleas. Hardly surprising as in Ray Wood the estate has 800 species of rhododendrons, azaleas and magnolias from all





over the world, many of them grown from plants brought back to this country in Victorian times. The wood dates back about 500 years and various Earls over the centuries have put in pathways, statues, arbours and lots and lots of trees. Planting is as natural as possible with all native plants being encouraged to spread.

A way-marked spring walk takes you past rhododendrons from Nepal, Bhutan, Japan and China, snowdrop trees, camellias, bamboo, wild cherries, with snowdrops, daffodils, cowslips and primroses through the spring.

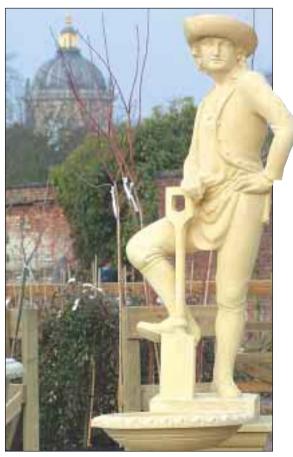
Then it's back to the plant centre, to fill your basket with seeds and plants - so you can grow your very own Castle Howard in your back garden.



Castle Howard Plant Centre is open 10am-5pm daily, except Christmas Day. Free entrance and parking.

Entrance is also free to the Stable Courtyard which includes cafe and shops. The Castle Howard Garden Club meets once a month and costs £20 a year and entitles members to 10 per cent off purchases at the Plant Centre.

House and grounds, including Ray Wood, are open from now until the end of October. Details tel. (01653)





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### me and my wardrobe



Clockwise from above: Paper, Denim and Cloth jeans, Bejewelled Tshirt, boots from Chestnut; Joseph white suit; purple Joseph top; Day jacket



Linda Woods has just taken over Elan, the long-established womenswear store in Darlington's Grange Road. Passionate about fashion from a young age, she started her career as a teenager with Saturday jobs in clothes shops, and has worked in both high street and designer stores

**How would you describe your look?** I'm not a follower of fashion but I would describe myself as stylish and fashionable. I like to be casually dressed in jeans and a Tshirt during the day but I love to dress up for the evening.

### What's the most you've ever spent on an item of clothing?

I bought a cream Joseph trouser suit for  $\pm487$  but it's very versatile. I've worn it for a ball and

as separates and I always feel really dressed in it. It's such a clean cut and fits well. What's your worst buy?

It was a dress I was desperate to have. I searched the country for it and eventually found it in Bond Street in London – but it was two sizes too big. I intended to get it altered but I never did and I've never worn it. It was a big mistake.

### What's your favourite item of clothing?

It has to be a pair of jeans by Paper, Denim and Cloth. I love to wear them. It can be difficult to find jeans that fit but when you do, you feel great in them.

### What are your favourite shops?

It has to be Elan – as it was and even more so now I own it. I like most shops but I do like Grange Road. You can travel anywhere and think you're going to get something better but

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you don't. There's such a range of different makes here you can always find what you want in Grange Road.

### Which celebrity's style do you admire and why?

Victoria Beckham. I like her style and the way she wears high street and designer clothes. She stylish without showing too much flesh and looking tarty. I think she's interesting whether people like her or not. She's a fashion icon.



### **NE** out on the town

The North-East's answer to Trinny and Susannah take to the bars and clubs of the region in search of style and individuality

# McKay & McCourt

ELCOME to the first issue of out on the town with McKay & McCourt. Every month we will be visiting a different town and bar, taking snaps of people out enjoying themselves, quizzing them about what they're wearing and where it's hot to shop, and also giving tips and advice along the way.

This month we visited Yarm, and for a Tuesday evening, it was buzzing, packed to the rafters with stylishly-dressed people. We were advised to check out Hide Bar, where there were plenty of subjects to choose from. With shops like Diva and The House on the doorstep.

SARAH BAUM

se on the doorstep, designer labels are not hard to come by in Yarm. There was a mix of all ages, and the majority seemed to know what to wear and how to wear it. Unfortunately, a lot of

the clientele were either too shy or too cool to be interviewed, but by the end of the evening we managed to find a few willing

guinea-pigs.

Lindsey Leake is 27 and works in Engineering Sales. She was out on a workrelated evening and liked the venue for its atmosphere and

great food. Her wonderful bubbly personality was reflected in her fab outfit.

Lindsey's top was from H&M, the skirt Warehouse, tights Milan and boots from Next. Great haircut as well. Big thumbs-up from us. Lindsey's tips were always to wear eyeliner and undercut your fringe. She recommends eating what you want. This group of friends was in the Hide bar because Tuesday night's singles night... except for Martin, who said he was there for the atmosphere.

LINDSEY LEAKE

Rachel Lloyd, 28, is a residential social worker. We loved the way she had jazzed up her outfit with the hat. She wore jeans from Top Shop, Boots from Faith and the top and hat were from Miss Selfridge. Rachel recommends eating healthily and applying a good bronzed base to your skin just enough to give a healthy glow.

**Chris Sykes** is 24 and an accountant. He was wearing a jacket from Envy and t-shirt and jeans from Triads in Middlesbrough. He

likes to shop in Yakusa and cruise 2. He recommends moisturising and gym circuit training for looking good.

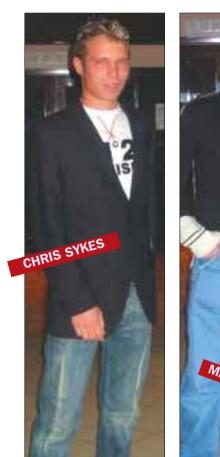
RACHEL LLOYD

Sarah Baum, 24, is from Stockton and is a hairdresser at Toni & Guy's Darlington branch. She wore a top from Triads, skirt from USC and some cute boots from Berties. She likes to shop in Psyche because you can get something different and recommends having your hair cut every month, using Tigi hair products and having a facial every month.

**Martin Anson**, 30, is a recruitment consultant. He looked rather cool in a top from Evisu, Fake from London jeans and shoes by Pony. His health tip was to "drink beer", although the cheeky smile that came with this answer told us he didn't mean it.

Hope to see you out on the town next month...

• Hide Bar, Fairfax Court, 32-34 High Street, Yarm, Cleveland TS15 9AH. Tel: (01642) 355 558; www.hidebar.com





Adam Maxwell lives in Yarm and is a 31-year-old IT analyst and part-time firefighter. Adam had a cool understated look and a lovely personality. He likes to socialise in Hide Bar because he says it's a nice place to drink and the music is good. He was wearing the new Levi's Anti Fit 508 and a top by... well actually, he couldn't remember. Leeds is where he likes to shop and he normally goes for labels like Diesel and Riess.



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### **NE shopping** darlington's grange road



Grange Road: Darlington's designer quarter; below: Kingsley's sofa and upholstery shop. Front cover picture is of Carl Banks flower shop

# Cheek-to-cheek chic street

Designer clothes and unusual furniture abound in Darlington's Grange Road. CHRISTEN PEARS goes window shopping

HE West End – chic, sophisticated and vibrant, renowned for designer shops and sophisticated restaurants. This is not London we're talking about, but

Darlington. The market town may not be an obvious shopping destination but it's home to a growing number of designer boutiques and stylish interior stores. Retail is currently high on Darlington's agenda. A number of big high street names already have a base in the town and last year, plans were announced for a £45m shopping centre. But Grange Road, the gateway to Darlington's affluent West End, has its own distinct identity.

Situated in what is known as the Imperial Quarter, just a couple of minutes' walk away from the market square, the street is slightly off the beaten track, but those who discover it come back time and time again. Lined with independent boutiques and stores, it attracts shoppers from across the North-East.

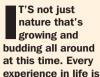
Joseph M, Kate Saint, Geoffrey Gillow and Chestnut are magnets for the fashionconscious. Between them, they stock an impressive range of designer labels that includes Betty Jackson, Farhi, Pringle and Armani. There are accessories by Mulberry, Patrick Cox and Anya Hindmarch, while Joseph M also has an irresistible range of designer children's clothes.

Fortunately, a trip to the Imperial Quarter need not have a debilitating effect on your credit card. Coco dress agency is positively overflowing with second hand clothes. If you're prepared to spend a little time rummaging through the tightlypacked rails, you could pick up a real bargain. Just a cursory glance reveals





### **GROWTH: LEARNING FROM** LIFE'S CHALLENGES



and grow. To see

an opportunity for each of us to learn



the lesson can be difficult sometimes, especially when life

throws something difficult and painful at us. But it is there. When time has passed, emotions

have calmed and our thinking is clearer, then it is possible to find the opportunity being presented to us. However, to see opportunity in

difficult circumstances takes a positive attitude. It takes determination and courage to refuse to give in and to rise up again and again. Like flowers in springtime, there is always a chance to grow and

blossom after winter. So learn from nature, try and find the positive in every situation and you will grow and learn to live life more fully. Remember: "An optimist is the human personification of spring." -

www.sunflowercoaching.com or tel (01748) 823010

Susan J. Bissonette



Eastern Origins: a touch of the exotic; below: House Indigo's new homestyle store



Mulberry bags, a Dior T-shirt and a pair of Gucci shoes.

But there is much more to the Imperial Quarter than just clothing. The area is home to several homes and interiors stores. Cooks & Kitchens is run by husband and wife team, Andy and Mary Atkins and was born out of their passion for cooking. The shop is an Aladdin's cave for food lovers, selling state of the art kitchenware by the likes of Alessi, as well as old favourites by companies such as Le Creuset and Dualit.

Eastern Origins, as its name suggests, brings a touch of the exotic to the street. Recently expanded, the store has doubled its floorspace and stocks a wide range of furnishings and home accessories from pretty glass tealight holders to dining tables.

One of Grange Road's most intriguing is Drum rt Furniture, situate tore art deco former billiard hall and specialising in African and other ethnic art furniture.

The improbably narrow shop front disguises an enormous showroom packed with everything from armchairs to nodding zebras, and you can browse for hours among the unusual pieces. The store is owned by Neville and Julie Campbell, both former dancers who gave

-People come here from all over the region because there is so much choice

up careers in Zimbabwe to move into

At the opposite end of the street is florist, Carl Banks, where the flowers spill

out of the shop onto the pavement. There

If all that shopping tires you out, The

Imperial is the perfect venue for a coffee.

The sophisticated continental café has a

relaxed atmosphere and serves some of

the best food in town. For food on the go,

there's the Angel's Share delicatessen. It's

virtually impossible to walk past without

Shop owner Linda Woods is passionate

being tempted by the delicious array of

about Grange Road. She has worked for

long-established womenswear store. She

Everybody works very closely together

and everybody has been incredibly

advice. There's a real sense of

There is a great atmosphere

supportive of me, offering me all sorts of

community. "I think the key thing about

Grange Road is its exclusivity. People

because there is so much choice and so

many labels you wouldn't find in other

places. It's a great shopping experience."

come here from all over the region

other retailers in the street for the last

ten years and has just bought Elan, a

cakes displayed in the window.

are beautiful blooms and plants, as well

as exquisite floral arrangements.

retail.

Pictures: CHRIS BOOTH

### The Groft Hotel T'S COUNTRY HO The newly refurbished Croft Hotel is situated on the border line of County Durham and North Yorkshire in the historic village of Croft, overlooking the banks of the River Tees. Just 5 minutes from the centre of Darlington The venue for your Civil Ceremony, Wedding Breakfast and

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Sep:	Monday 13th & Monday 27th			
Oct:	Monday 11th & Monday 25th			
Nov:	Monday 8th & Monday 22nd			

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per person to include three course dinner Please contact the Kingslodge Hotel on 0191 370 9977 to make your reservation



Don't miss **Burton's Bytes** -game reviews in The **Northern Echo** every Friday Being a Gadget Man is no easy matter. Lovers of gizmos are the early adopters who run all the risks. For every VHS, there's a Betamax (or, God forbid, a V2000). NIGEL BURTON urges caution with one such unit

> F THE Apple iPod was the must-have gadget for 2003, could the portable movie viewer be the most lusted after gizmo of 2004?

The idea is pretty similar: stick a dirty great hard disk into a small plastic chassis. throw in a decoder and a screen. then sit back and wait for your product to fly off the shelves.

The movie players take the iPod concept to the next level. Not only can you store thousands of MP3 tracks, but moving pictures as well. There are various players emerging as I write this and most of them use MPEG-4 decoding (or Divx) as a way of storing as many films as possible.

The latest, the Thomson PDP 2860 uses this compression technology to pack 80 hours of video onto its 20 GB drive. It plays these back via a sharp 3.5-inch LCD screen.

**Proponents of the MPEG-4 system** reckon it gives DVD quality at vastly reduced storage volumes, but I'm not so sure. Having watched several Divx movies with picture quality worse than a fourth generation VHS pirate, I reckon the trade-off might be too high. The small screen of these players may hide the worst nivellation, but nine pictures into your TV and you'll be shocked by how poor they are.

There's another reason why I think these new hard drive multi-media players could be an expensive mistake. Have you ever tried to watch telly in the garden on a sunny day? Or how about writing a Word document on your laptop in the deckchair? If you have then you will be aware that it is virtually impossible to

NEW

VISA

gadget man

You can pack your films for the beach, but they won't be easy to watch

> see colour screens in direct sunlight. So forget about copying your favourite film to enjoy it at the beach while sipping a Tia Maria and Coke. You may as well take a three quid portable radio.

> Then there's the battery life. Although these new units are sold with lithium ion cells, only the most optimistic of users will expect to get more than a couple of hours film viewing before they need a recharge. Not very useful when you're three-quarters of the way through Lord of the Rings with nary a power point in sight.

I suspect these gadgets will go the same way as those tiny hand-held TVs you could buy a few years ago (and still can in some shops) -a great idea, but totally useless in practice.

If you have 500 quid to spare then one of these multi-media units is bound to impress your mates –but I guarantee it'll be gathering dust in the loft before too long.

> Are multi-media jukeboxes like this Archos the next big thing or a pointless expense?

The small screen of these players may hide the worst pixellation, but pipe the pictures into your TV and you'll be shocked by how poor they are



Deli-cious: Lynn Henshelwood has had a lifelong passion for food

# A hidden gem

An award winning delicatessen is trying to put itself on the map – quite literally. IAN LAMMING reports

URF your way through cyberspace and it is easy enough to find. There, on the end of a wwwdot lies a delidivine, an innovative delicatessen that

boasts some heavenly creations. Try to do the same in reality and the search is a lot more difficult. "It's why we came up with the website address www.delidivine.co.uk," says owner Lynn Henshelwood. "We reckoned it would be appropriate because you need divining rods to find us in York. It's just so annoying. We are in Newgate. But if you look on the A-Z or the York City map, or on the food trail, we are not listed. You see Parliament Street, you see the top of the Shambles, then, where we are, there is just a blank street."

Lynn is currently nagging the authorities to put the matter right. In the meantime she is determined to put herself firmly on the map with a growing reputation for fine foods. And it's something that didn't escape the attention of the judges recently when the deli picked up a prize in the prestigious Best Independent Food Retailer category of The Observer Food Monthly Awards.

Judges were impressed by the diverse range of products catering for individual tastes, the level of service provided to customers and the innovative approach combining traditional and modern cooking techniques.

Henshelwoods Delicatessen is noted for its wide range of traditional home-made vegetable preserves, with some recipes dating back to medieval times, including mulled red wine beets, onions a la Monegasque, vodka orange onions, sweet and spicy Indian style vegetables and bread and butter pickle.

A menu of home cooked meals, including mellow paprika beef, venison and port casserole, Lancashire hot pot and aubergine reggiano, are also available for special occasions or dinner parties. Each dish comes with a list of suggested accompaniments and wines.

Other popular delicacies on offer include home-made fresh Whitby crab pate, a range of over 60 exceptional quality cheeses, many unpasteurised, cold meats and airdried salamis from artisans around the world, mouth-watering confectionery and themed hampers.

"We are passionate about sourcing as much fresh produce locally as possible and believe in the virtues of traditional home cooked food, free from artificial colourings and preservatives," says Lynn, of Harrogate. "Because many of our dishes are cooked on the premises by me, we are happy to meet specific requests."

The range hints at a professional commitment to food stretching back years. But in actual fact Lynn is an archaeologist, who used to be director of an architectural practice, a business and finance manager for the National Health Service and a social worker in London.

"I have had a life-long passion for food which probably comes from sharing flats with all nationalities. You end up cooking together and there are dozens of influences in the things they cook. I do a lot of Turkish and Iraqi cooking and there is a lot of experimentation. The kitchen is like my laboratory and you just get in there and start putting things together. If it works, they end up on the specials board. But it's trial and error and sometimes the result is dire."

With such a keen interest in food, the deli seemed the obvious answer to a life back up North and Leeds-born Lynn chose York as the venue 22 months ago. "As a city, it is more cosmopolitan and we do sell some pretty strange things," she admits.

Her husband Bob does the admin and 16year-old son Rory cleans and prepares the vegetables. "They are so supportive," says Lynn. "And my customers are absolutely fantastic – providing, of course, they can find us."



# EATING OUT

ITH suits of armour in the entrance hall and a stunning, highceilinged restaurant, Walworth Castle Hotel, near Darlington is an impressive setting for dinner. With smart but friendly staff, the diner is made to feel very much at home in Hansards restaurant, named after the castle's first inhabitants. The cream and gold restaurant is hung with medieval-style tapestries; staff are smart and friendly.

We chose from an exciting range of starters including lamb, beef and goats' cheese tart, Peking duckling pancakes and roasted vine tomatoes. I opted for Parma ham wrapped in tiger prawns, which were absolutely delicious and cooked to perfection. My wife chose the lambs' liver, a generous portion she thoroughly enjoyed.

For the main course, we had a huge choice, including: cod glazed with ham and mushroom rarebit, Dover sole, roast loin of pork, lamb, halibut, fillet steak and maiden of vegetables. I went for the pan-fried medallions of fillet steak served on bubble-and-squeak and a red pesto sauce. My wife chose the Hansards Royal Grill of peppered tournedos of beef, rack of lamb and plum-glazed pork.

The food was beautifully presented. My wife thought the taste and quality of the meat very good and was impressed by the freshness of the vegetables. I enjoyed my meal but was a little underwhelmed by my steak and the bed of bubble-andsqueak seemed to be mostly mashed potato.

For pudding I had a truly memorable lemon and ginger cheesecake while my wife opted for a very pleasant but slightly cold in the middle creme brulee.

Accompanied by a delicious bottle of pinotage red wine, the bill came to £68 for two. Walworth Castle Hotel, just outside Darlington, can be contacted on 01325 485470 or visit the website www.walworthcastle.co.uk.

Barry Nelson





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**NE** motoring



Refined and economical: the new Jaguar X-Type Estate

# The car that Joe built

A new sleek estate car is gracing our roads thanks to the magic pen of a North-East designer. IAN LAMMING reports

O MANY,

cars are little more than tin boxes in which to get from A to B. To some, they are automotive art forms which excite, lure and stimulate the prospective buyer.



But where do the **Designer:** Joe Buck

designs come from? Who decides how they look? And why do they appear as they do? It is easy to imagine white-coated boffins locked away in hi-tech towers labouring furiously over the next trendy car design. But in some cases, these faceless backroom boys are a lot closer to home.

Take Jaguar's new, brave estate car, for instance; new because it is literally just out the box; brave because Jaguar has never before attempted to create an estate. The fact the test car was provided by Reg Vardy Jaguar of Stockton couldn't have been more apt, because the man behind the X-Type Estate hails from just down the road.

Car designer Joe Buck comes from Middlesbrough. But for the past five years he has managed Jaguar's advanced design studio in Coventry and heads the team responsible for X-Type Estate.

His designers have also been responsible for the new XJ, XK and S-Type and, surprisingly, all designs start life as simple ball-point pen sketches on paper. These are then enhanced on a computer, before becoming full scale models and full-blown prototypes.

"Jaguar is more of a niche luxury brand than other executive marques," he says. "Owners tend to be more enthusiastic, artistic, eccentric. So we have a lot of customer clinics. You also have to remember the heritage of the product. We look at fashion. We go to Milan, Max Power and motorcycle shows and imagine where those designs will be in two or three years' time."

Buck says design is now heavily influenced by the host of safety and

environmental legislation coming out of Europe. For instance, they are now having to use spring-loaded bonnets and compressible headlamps to improve pedestrian safety.

A facelift can take anything up to five months, while a brand new model takes up to three years from design to production. Buck says: "Fifteen years ago I would have done this job for free, now I get paid for it. It's bizarre, my job is to draw cars, it's brilliant."

So what about the new X-Type Estate? Well it is an eye-catcher, if only because of the shock of seeing a shooting brake grafted on to a Jaguar front end. But this is no cut and shut job, the design flows from front to rear, is beautifully proportioned and homogenous.

The new load bay is large and well shaped with removable panels in the side should those extra millimetres be needed to swallow your golf clubs sideways. It's also sumptuously finished off in the finest materials, which may make you think twice before hurling in dirty boots or wet dogs.

A skip forward takes you into the back seats where room remains at a premium, then hop again into the front for a typically lavish Jaguar cockpit, brought up-to-date with modern instruments and switches. It all works very well indeed.

On the road, the Estate is pure X-Type, and none the worse for it. The 2.0 litre diesel engine is powerful, refined and economical, the gearbox is slick, the handling taut and controlled.

All in all it is a fine car in which to travel from A to B and nice enough to take a weekend jaunt to C if the mood takes you. The fact that it is as it is because of a North-East man only makes it better still.





### **NE** connections PLACES WITHIN EASY REACH OF THE NORTH-EAST

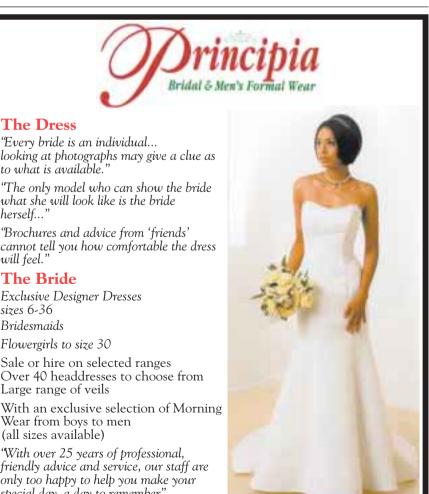


We realised that the old theatre and some paintings on the wall were much more important than we had first thought

-The McLeods, pictured above left. Above: the tearooms

THE camp opens on Friday. Opening times will be 9am-5pm daily. The first phase includes a 1940s-style 82-seater tearoom/restaurant, 1940s street leading to traditional farm shop, children's adventure playground, garden centre and 35-pitch touring caravan site, parking for 80-plus cars and coach parking.

Unfortunately the PoW museum will not be open to visitors this spring. However, there will be guided tours of the camp from 11am and 2pm from Friday onwards. There is no charge for the tour although voluntary donations towards the charity are welcome. Call (01388) 767098 to book.



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# A great escape

HOKED by weed and 6ft high brambles, a sad collection of concrete huts faded fast from view and memory. Once, they had housed the enemy, Italian prisoners of war captured in North Africa and forced to live on the exposed side of the valley in Weardale.

Later it was home to low risk German prisoners, as one of 1,500 PoW camps in the country, providing a valuable workforce for a rural area and also keeping themselves occupied making toys or in the theatre group and orchestra.

For 50 years the old camp lay virtually untouched but not entirely forgotten. Farmer Lisa McLeod remembered stories of the camp and its occupants, recounted to her as a child by her great grandfather. He told her how they used to work his land and help with the haymaking, how they asked him for pencils and crayons so they could write home to their loved ones. So when the opportunity arose in 2001, she and her husband James grabbed the chance to buy the old Harperley Camp, between Crook and Wolsingham in County Durham.

"Mind you, we were going to use it to put chickens and fence posts in," recalls James, who ran a fencing business at the time. "Then we put a story in the local paper asking for any old pictures of the place and were overwhelmed with the response. Until then, I hadn't been that interested in the war but Lisa was.

"As we got a feel for the camp we realised that the old theatre and some paintings on the wall were much more mportant than we had first thought an that it should be turned into some kind of museum," says Lisa.

English Heritage agreed and designated the camp a scheduled monument, the only one in the country, and a £3m restoration scheme was born. Funding became the next urgent issue and, among others the McLeods turned to Wear Valley Development Agency. "They have helped us with the business plan and pointed us

to the funding," says James. "Since we first approached them, we have never looked back.'

WVDA chief executive Paul Robinson says: "It is such an exciting project, so unusual and novel, yet the ramifications for the region will be huge. No one could fail to be infected by James and Lisa's unbridled enthusiasm."

For months, Lisa and her husband James, employing a small army of workmen, worked flat out to transform the derelict prisoner of war camp into one of the region's most popular tourist attractions.

The weeds are now gone - so is their farm – the concrete huts repaired, the pictures on the wall preserved. Business is under way and the dale is looking forward to being revitalised after being blighted by job losses in recent years. There are hopes the 17-acre site could attract between 50,000 and 75,000 people a year, boosting the prosperity of the whole region.

The living wartime museum is packed with photographs and memorabilia. There are also holiday homes, a war-time B&B, campsite, tearoom cum restaurant, a souvenir shop, play area and car parking for 200 vehicles.

The war theme extends throughout, even down to the menu, with such delicacies as corn beef hash, rissoles and traditional afternoon tea. Visitors are expected from all over the world to see a piece of history captured for ever.

The McLeods have lived alongside the camp all their lives as their farm was nearby. "I've always been interested in the war and remember my great grandd stories so clearly," recalls Lisa. "But it is strange where life takes you - I never would have thought that one day I would be running the camp as a tourist attraction."

The collection of concrete huts now stands proudly, free from weeds and brambles, keeping a piece of wartime history very much alive in people's memories, and housing friends, not foe. camp given a new lease of life as a tourist attraction by an enthusiastic Weardale couple, opens for business this week. IAN LAMMING reports

The derelict

prisoner of war

### The Dress

"Every bride is an individual... looking at photographs may give a clue as to what is available.

"The only model who can show the bride what she will look like is the bride herself...<sup>†</sup>

"Brochures and advice from 'friends' cannot tell you how comfortable the dress will feel.

### The Bride

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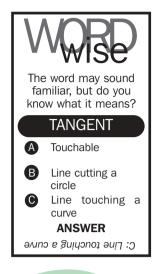
### **NE** puzzles

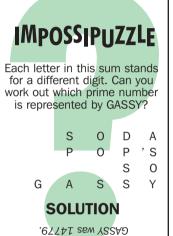
Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the name of a celebrity can be read from top to bottom in one of the lines.

BLUE	TRIAL
PLUM	KETCHUP
STERLING	LINING
TOUCH	POOL
PIRATE	STATION
GUM	NUMERAL
QUICK	LADDER
STYPTIC	SKIRT
FLEA	GARDEN
TWELFTH	OWL
HOUSING	AGENT
CLAPHAM	ROOM

Name the star pictured on the left

ANSWERS Celebrity wordmatch: Murder, tomato, silver, typing, radio, arabic, step, pencil, market, night, estate, common and the celebrity is David Beckham Celebrity stare: Penelope Cruz





**The competition** Enjoy a hotel in your home

E Magazine has teamed up with the Hall Garth Golf and Country Club Hotel to give one lucky reader the chance to sit back and relax while its head chef, Gary Rodgers, cooks a sumptuous evening meal in their home. The winner of the Hotel at Home Competition will also benefit from the help of a waitress, Clare Robson, from Hall Garth Golf and Country Club Hotel, in Coatham Mundeville, Darlington, who will lay the table and serve the meal. They will be supported by one of the hotel's housekeepers, Shirley Ashbridge, who will provide three hours of general cleaning duties, such as vacuuming, dusting, and tidying, around the winner's home. She will also wash up.

All the food will be provided by the hotel, which will offer three menu choices, and will cater for up to four people. It will also provide a complimentary bottle of champagne and a bottle of wine. Chef Gary joined Hall Garth Golf and Country Club Hotel at the end of last year. He has been in the catering industry for ten years and trained at hotels in London and Scotland.

Hall Garth Golf and Country Club Hotel, which is part of Corus hotels, is well known locally for its Hugo's Restaurant. It serves a variety of dishes made with the freshest ingredients. Set in a beautiful 16th century manor house adjoining 67 acres of parkland, Hall Garth Golf and Country Club Hotel has its own golf course and other leisure facilities, including an indoor swimming pool. It has 51 bedrooms, a pub, bar and two beautifully furnished lounges. There is parking for 150 vehicles at the hotel, which also has five meeting rooms. The hotel can be contacted on 0870 609 6131.

#### HOW TO ENTER Just tell us the name of the head chef at the Hall Garth. Answers on a postcard or back of an envelope to Hall Garth Competition, Features, The Northern Echo, Priestgate, Darlington DL1 1NF. The closing date is the end of April.

Terms and Conditions: The winner can choose from three menu options provided by the hotel. The hotel will provide all food and will cater for a maximum of four people. The winner will need to provide the chef with a fully working oven and hob. The chef will bring kitchen utensils and pans from the hotel. Food and drinks will be served using the prize-winner's cutlery, plates and glasses.

To provide the washing up service, hotel staff must have the last of the cutlery by 10.30pm to enable them to be off site by 11pm. The hotel will provide the necessary equipment for cleaning, excluding a vacuum cleaner.

The winner must take the prize within two months of being notified. The winner must also give the hotel at least two weeks notice of their preferred date. The date must be mutually agreeable with the hotel. The winner must live within a 25mile radius of the hotel. The winner must agree to publicity in The Northern Echo. The judge's decision is final.













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